

ABSTRAK

Nadila M Taher, 2022. Implementasi Pembiasaan Program 3M (Mencuci Tangan, Memakai Masker, Dan Menjaga Jarak) Anak Usia Dini 5-6 Tahun Pada Masa Pandemi Di PAUD Kemala Bhayangkari Kota Ternate. Pembimbing Andi Agustan Arifin S.Pd, M.Pd dan Umikalsum Arfa S.Pd, M.Pd

Situasi pandemi Covid-19 di Kota Ternate banyak menyebabkan problematika pada anak usia dini salah satunya adalah cara mencuci tangan, memakai masker, menjaga jarak. Tujuan penelitian ini untuk mengetahui pembiasaan 3M (mencuci tangan, memakai masker, menjaga jarak) anak usia dini di PAUD Kemala Bhayangkari Kota Ternate. Dengan metode penelitian kualitatif deskriptif dan subjek 10 orang tua, 3 guru kelas.

Hasil penelitian menunjukkan bahwa proses penerapan pembiasaan dilakukan yaitu. 1) Pemberian teladan yaitu proses penerapan pembiasaan 3M (mencuci tangan, memakai masker, menjaga jarak) yang dilakukan sesuai dengan anjuran pemerintah dengan protokol kesehatan yang ditetapkan 2) kegiatan spontan yaitu yang dilakukan anak, terkait penerapan 3M anak merespon dan menerima dengan baik, mereka dengan cepat sekali menyesuaikan karena sudah dibiasakan orang tua dari rumah. 3) Kegiatan rutin terkait proses penerapan disekolah masih dilakukan sesuai protokol kesehatan dan anjuran pemerintah. Seperti memakai masker, mencuci tangan dan menjaga jarak hal ini sudah diterapkan disekolah sampai saat ini.

Kata kunci: Pembiasaan 3M, Pandemi Covid-19, Anak Usia Dini

ABSTRACT

Nadila M Taher, 2022. Implementation of Programs 3M Habits (Washing Hands, Wearing Masks, And Keeping a Distance) for Early Childhood 5-6 Years in the Pandemic Period in Early Childhood Education Kemala Bhayangkari, Ternate City. Advisors Andi Agustan Arifin S.Pd, M.Pd and Umikalsum Arfa S.Pd, M.Pd

The Covid-19 pandemic situation in Ternate City, it caused many problems to early childhood, one of which was how to wash hands, wear masks, and keep a distance. The purpose of this study was to find out 3M habituation (washing hands, wearing masks, keeping a distance) for early childhood in PAUD Kemala Bhayangkari, Ternate City. With descriptive qualitative research method and the subject is 10 parents, 3 classroom teachers.

The results showed that the process of applying habituation was carried out, namely. 1) Giving examples, namely the process of applying 3M habits (washing hands, wearing masks, maintaining distance) which is carried out in accordance with government recommendations with established health protocols 2) Spontaneous activities that are carried out by children, related to the application of 3M, children respond and accept well, they adapt very quickly because parents have been accustomed to it from home. 3) Routine activities related to the implementation process in schools are still carried out according to health protocols and government recommendations. Such as wearing masks, washing hands and keeping a distance these have been implemented in schools until now.

Keywords: 3M Habituation, Covid-19 Pandemic, Early Childhood