

CHAPTER I

INTRODUCTION

1.1 Background

Literature is the expression of thought and feeling the emotion, not only the experience of the individual author, but also born of society being. A literature work has an elements of entertaining. According to Wellek and Warren (1956: 94), literature represents life and , in a large measure is a social reality, even though the natural world and the inner or subjective world of the individual have also been object of the literary imitation. It means that literature expression all society being life the reality life and also the author not environment ignoring. Literary did let the aspect society being such as culture, social, religi and moral.

One of literary works is novel. Novel always has its own unique or admirer story that makes the reader curious to know the entire story to analyze it. Every novel that is made by the author has different message to deliver. The message that the tries to deliver, usually depends on the characteristic of the author itself, and there are some writers that author their novel based on their life.

Discrimination is the unfair or prejudicial treatment of people and groups based on characteristics such as race, gender, age, religion, or sexual orientation. There are 4 types of discrimination namely, direct discrimination, indirect discrimination, harassment, and victimization. Harassment is a type of

discriminatory behavior in which a person is selected and subjected to unwanted behavior because of his or her race, skin color, gender or sexual.

Sexual Harassment can be found in the novel *Into the Water* from Paula Hawkins, she was born 26 August 1972. Paula Hawkins was born and raised in Salisbury, Rhodesia (now Harare, Zimbabwe), author of the #1 *New York Times* bestseller and global phenomenon *The Girl on the Train* (2015), an addictive new novel of psychological suspense about the slipperiness of truth. The novel was adapted into a film starring Emily Blunt in 2016. Hawkins' second thriller novel, "*Into The Water*", was released in 2017.

The novel "Into The Water" presents a story about male domination that causes destruction for women. It is no wonder that in the end there are women who prefer to jump off high cliffs rather than live in torment with hatred and shame. The novel tells the story of a pool called drawing pool. The pool is a place where troublesome women die.

The women who died in the pool are Libby Seeton (she died drowned by several youths witnessed by the residents. She was accused of being a witch but, actually it was because she seduced someone's husband that the man fell into her arms), Anne Ward (a woman who does not receive the love of her husband and she stabbed her husband's nape with a knife, after that she went to commit suicide in the sinking pool), Lauren (she died in the drowning pool witnessed by her young child), Kattie Whittaker (she is a child who does well in school, and she killed herself by jumping into the drawing pool

of depression), Danielle Abbot (she is a writer and photographer who quite successful, she drowned shortly after Kattie Whittaker's death). Jules Abbot (Jules had been estranged from her sister Nel due to an incidence from their childhood. Nel assumed that Jules had seduced her boyfriend Robbie even though he was sexually abusing Jules).

Novel "Into The Water" by Paula Hawkins is a novel that tells about how the sexual harassment is happening towards women. The author tells how the illustrate of form of sexual harassment and what the impact of sexual harassment on the life of the woman, namely Jules Abbot. In the novel, Jules Abbot is described as the younger sister of Danielle Abbot, a well known writer and photographer in the town of Beckford who died in the drawing pool August 10th, 2015. Jules Abbot was one of the victims of sexual harassment and had attempted suicide in the drawing pool, when she was fifteen years old.

Paula Hawkins is able to make readers trapped in his novel, with a puzzling tale that attracts the attention of readers to continue to find out the meaning of each secret behind the death of the women in the immersion pool. Based on explanation above, the research will analyze sexual harassment in the novel "Into The Water" using a psychological approach.

The researcher has two reasons to chose the novel and sexual harassment as the topic for analyzing, the first, because the novel "Into The Water" has a nice a cover design, and has a story that makes researcher

interested in reading the whole story which is quite confusing from the mystery of the death of several women in the novel. The second, the researcher wants to know more about the main character in the novel who turned out to be one of the victims of Harassment, so that the researcher will analyze more about sexual harassment through the novel "Into The Water" by Paula Hawkins viewed from a Psychological approach.

1.2 Statement of the problems

Based on the Explanation above, the researcher found two problems are formulated as follows:

1.2.1 How does the author illustrate the form of sexual harassment in the novel "Into The Water" by Paula Hawkins?

1.2.2 What are the impacts of sexual harassment in the novel "Into The Water" by Paula Hawkins?

1.3 Scope of the Study

The formulation of the problems described above, the researcher focuses on how the author illustrates the form of sexual harassment namely, physical abuse and verbal abuse in the novel and the impacts of sexual harassment namely, depression, suicide, and trauma in the novel "Into The Water" by Paula Hawkins with the psychological approach.

1.4 Objective of the Study

In the problems above, this research then has some purposes for the objective of the study, there are:

1.4.1 To figure out how the author illustrate the form of sexual harassment in the novel "Into The Water" by Paula Hawkins.

1.4.2 To analyze what the impacts of sexual harassment in the novel "Into The Water" by Paula Hawkins.

1.5 Significances of the Study

1.5.1 Theoretical Significance

Theoretically, this research is expected to provide the knowledge for the reader about literature that is novel especially how to analyze the novel using the psychological approach related to describe sexual harassment in this novel.

1.5.2 Practical Significance

Partially this research is expected to help readers as additional knowledge and additional reference material for students and research to know the study literature especially about sexual harassment in the novel "Into The Water" by Paula Hawkins.

1.6 Review of Related Literature

This research has a relationship with the existence of other researchers.

The first from jurnal.binus.ac.id by Sarwiji Suwandi, Herman J Waluyo, *Lingua Cultura* (2019) About "*The Discrimination against Women Reflected in Novels Entrok, Maryam, And Pasung jiwa by Okky Madasari*"

This research aimed to find out the discrimination against women in Indonesia especially in economic and social sectors using feminist theory.

With this research, it can increasingly open the horizons of all people about the impact of discriminations on the role and position of women in the internal (family) or external (social environment). Not only that, but this research will also raise awareness of both men and women that both can work together and share the same role without dropping each other.

The second from jurnal.sagepub.com by Vincent J. Roscigno (2019) about *"Discrimination, Sexual Harassment, and the impact of Workplace Power"*

This research aimed to find analysis focus on the likelihood of discrimination and sexual harassment rather than detailed experiences associated with unjust treatment, the processes leading up to discrimination or sexual harassment, and/or the justifications underlying unfair actions aimed at minority, female, or aging employees. In all three regards, one can easily imagine scenarios within which biases and status-based assumptions were tied not only to a singular status but possibly multiple statuses, in which case intersectional processes become relevant.

The third related to literature, namely from Chairunnisa Arrief (2009), she came from Ternate's Khairun University with the title *"Sexism Against Women in Maxine Hong Kingston's work 'No name Women'"*. In this research the focus is on analysis sexism against Chinese women and through "No Name Women" the author speaks loud about feminime

theme. In this varieties form, as reflection of her life, where she grew up in the chinese community in California that followed the customs and traditions of its native land. in this place, her sister and the author, would be more bombarded by negative comments, because the people still kept their tradition and did not appreciate the value of girls children. The story of Kingston's life and the society in which her aunt live in.

At the literature review above, the researcher also examined discrimination in the Novel "Into The Water" By Paula Hawkins.

The different between the three researches above with this research is the first is discrimination that occurs in women in the economic and political sectors that talk about Women's rights using feminist theory, the second is harassment that occurs in the workplace and the third discrimination in the form of sex because of the tradition and costumes used. in this study the researcher focuses to sexual Harassment towards Women in the novel using Psychological approach. How the women who have to endure a form of discrimination from men who are not responsible for what they have done to women. From this impact, women are mentally depression, helplessly chose to commit suicide by jumping into the immersion pool and even traumatizing.

1.7 Theoretical Basis

To support the research in analyzing the novel "Into The Water" By Paula Hawkins, researcher applied several related theory of the approaches and concepts outlined as follows:

1.7.1 Psychological Approach

Wellek and Warren in Ratna (2004:61) stated four models of psychological approaches, which are related to the author, creative process, literary works, and readers. However, the psychological approach basically deals with three main symptoms, namely: author, literary works and readers, with the consideration that the psychological approach has more to do with authors and literary works.

Literature is considered to be the result of the author's activity, which is often associated with psychiatric symptoms, such as obsession, contemplation, compensation, sublimation and even neurosis. That is why, literature is called a symptom (disease) psychiatric.

The intensity of individual symptoms on the one hand, the dominance of psyche on the other, causes the psychological approach to talk more about aspects of characterization, the tendency of school to emerge, such as romanticism, expressionism, absurdity, and so on. Until now, the theory that is mostly referred to in the psychological approach is the psychological determinism of Sigmund Freud in Ratna (2004 : 62) show that , all mental

symptoms are unconscious which are closed off by the realm of consciousness.

According to Moghaddam in Pekade (2018:08) states that literature can be used as sources of psychological data. There are many events in literary works which can be analyzed with using psychological approach by Paula Hawkins' Novel entitled "Into The Water".

1.7.2 Concept of Sexual Harassment

Sexual harassment is an offensive or humiliating behavior that is related to a person's sex. It can be a subtle or overt sexual nature of a person (sexual annoyance, e.g. flirting, expression of sexuality, etc.) that results in wrong communication or miscommunication, implied sexual conditions of a job (sexual coercion). It can happen anywhere, but is most common in the workplace, schools, and the military. It involves unwanted and unwelcome words, deeds, actions, gestures, symbols, or behaviours of a sexual nature that make the target feel uncomfortable.

According to Loeffler (1996:1) explain that Sexual harassment can be devastating and have tremendous impact on the emotional well-being, physical healthy, and vocational success of those who experience it.

According Fitzgerald in Paludi & Barickman (1991:3) stated that sexual harassment consists of the sexualization of an instrumental relationship through the introduction or imposition of sexist or sexual remarks, requests, or requirements, in the context of a formal power differential.

According to Farley in Heather Mclaughlin (2012:626) show that sexual harassment as sexual seduction that the recipient does not desire, where the seduction is appears in various forms, whether subtle, gross, overt, physical or verbal and is unidirectional.

According to the Equal Employment Opportunity commission (EEOC) in Paludi & Barickman (1991:03), sexual harassment is a type of sex discrimination. It involves unwelcome sexual advances, requests for sexual favors, and other verbal or physical actions that are of a sexual nature. They are all considered to be illegal.

According to a psychologist, Meity Arianty. quoting from Winarsunu 2008, sexual harassment is all forms of sexual connotation committed unilaterally and unwanted by the victim, the form can be in the form of words, writings, symbols, gestures and action.

1.7.2.1 Physical Abuse

According to WIKIPEDIA Physical abuse is any intentional act causing injury or trauma to another person or animal by way of bodily contact. This type of harassment is carried out directly on the victim's body or body which leads to sexual things. Such as hugging, kissing, sticking to the body, pinching, massaging the nape of the neck, and others.

According to Terry E. Lawson in Mutmainah (2014:446) show that Physical abuse is when an adult physically injures a child, such as pinching, kicking, slapping, and so on. The thing to be aware of is that child remember

painful physical treatment if the physical violence occurs during this particular period. Physical evidence of physical violence such as bruises, bleeding and others.

Physical abuse may involve such actions as punching, shaking, biting, choking, kicking, burning, and beating, which may at times be severe enough to result in permanent damage (e.g, traumatic brain injury) or death. In most cases, children are the victims of physical abuse, but adults can also be victims, as in cases of domestic violence or workplace aggression.

According to WHO Physical abuse is defined as those acts of commission by a caregiver that cause actual physical harm or have the potential for harm. Physical abuse may involve more than one abuser, and more than one victim. Physical abuse can be severely damaging to a person.

The definition of physical abuse, according to the New York State Office of Children and Family Services is Non-accidental use of force that result in bodily injury, pain, or impairment. Physical abuse is an act where one person uses their body in order to inflict intentional harm or injury upon another person.

1.7.2.1.1 Touch

According to Psychology (2018) “Good Touch” as a way for people to show they care for each other and help each other. “BadTouch” on the other hand, is the kind you don’t like and want it to stop right away (e.g. hitting, kicking, or touching private parts).

1.7.2.1.2 Kiss

According to Psychologist Aweidman (2008) A kiss is a classic sign of affection. But for as simple as this gesture is, there is a lot than can go wrong when you're kissing someone. moreover, being kissed by a bad kisser can kill attraction in its tracks.

1.7.2.2 Verbal Abuse

According to Odhayani and Watson stated Verbal Abuse is an act of bullying that aims at emotionally attacking a person by criticizing their appearance, their personalities or what they associate themselves. This act usually takes place at any environment and may not consider the social status or age of a person. Studies have shown that verbal abuse could become worse and result in more harm as a person approaches his or her old age.

Verbal abuse is the act of forcefully criticizing, insulting, or denouncing another person. Characterized by underlying anger and hostility, it is a destructive form of communication intended to harm the self concept of the other person and pruce negative emotions.

According to Grady in Noh (2012:225) stated verbal abuse is worse than physical abuse as verbal abuse constitutes psychological violence. It is much more insidious as it attacks the emotional as well as the mental. Verbal abuse can be defined as *“words that attack or injure an individual, words that cause one of believe on untrue statement, or words that speak falsely of an*

individual". Verbal abuse is a kind of battering which doesn't leave evidence comparable to the bruises of physical battering.

1.7.2.2.1 Expression

According to Hude (2006:14) Expression appears even spontaneously often difficult to control or hide. Expression can be seen from physiological changes arising from reactions to events or stimuli certain which results in emotion, these reactions are either internal or externally will bring up emotional expressions that are manifested in appearance physiological, including facial expressions, to attitude and behavior.

Expression is a particular word, phrase, or form of words and indication of feeling, spirit, character, as on the face, in the voice, or in artistic. Expression also a look or intonation expressing personal reaction and feeling. Expression also the process of making known one's thoughts or feelings, a look on someone's face that conveys a particular emotion.

1.7.2.2.2 Mocking

According to Dickinson Pauline (2003:4) stated that mocking is a form of hurting someone emotionally, saying things that are meant to hurt the other person. Mocking is behavior involves laughing at someone or something in an unkind way also mocking is a form of social interaction in which people align themselves with a social norm by zeroing in on some feature of the target person.

1.7.2.2.3 Cuss

Cuss is a habit to be used intentionally to insult, revile, threatening, shocking, and hurting/annoying for the purpose used to express strong emotions, to express annoyance, and to express frustration and annoyance. (Bolton and Hutton in Rosidin, 2010:47).

1.7.3. Impact of Sexual Harassment

There are several impact of sexual harassment according to Artaria (2012:57) show that various psychological impact and physical can occur, such as : Depression, panic, restless, sleepless, headache, trauma, thoughts and efforts suicide.

1.7.3.1 Depression

According to Kartono in Kurniawan (2017:2) stated Depression is resentful (pain, melancholy, vengiveness feeling) that pathological. It usually appears because inferior feeling, deep hurt, blame it self and psychological traumatic.

Depression is a mental health disorder characterized by a persistently depressed mood or loss of interest in activities, causing a significant reduction in the quality of daily life. The cause of depression is caused by several factors, including tension that comes from a combination of biological, psychological, and social condition. A growing body of research shows that

this factor can cause changes in brain function, including abnormal activity of certain neural circuits in the brain.

According to Lubis (2009: 13) claimed that someone who have depression, mostly have interference that involve emotion condition, motivation, functional, and behavior followed by cognition. Depression as an interference mood that the characteristic is there is no expectation and hearth break, excessive powerless, that and cannot take a decision through an event, unable to concentration, have no spirit of life, always tense, and try to suicide.

1.7.3.2 Suicide

According to Gonsalves (1986:245) explain that Suicide is often regarded as an act of cowardice and refusal to face life courageously.

Suicide is the act of intentionally causing one's own death. Some suicides are impulsive acts due to stress (such as financial or academic difficulties). Relationship problems (such as breakups or deaths of close ones), or harassment/bullying.

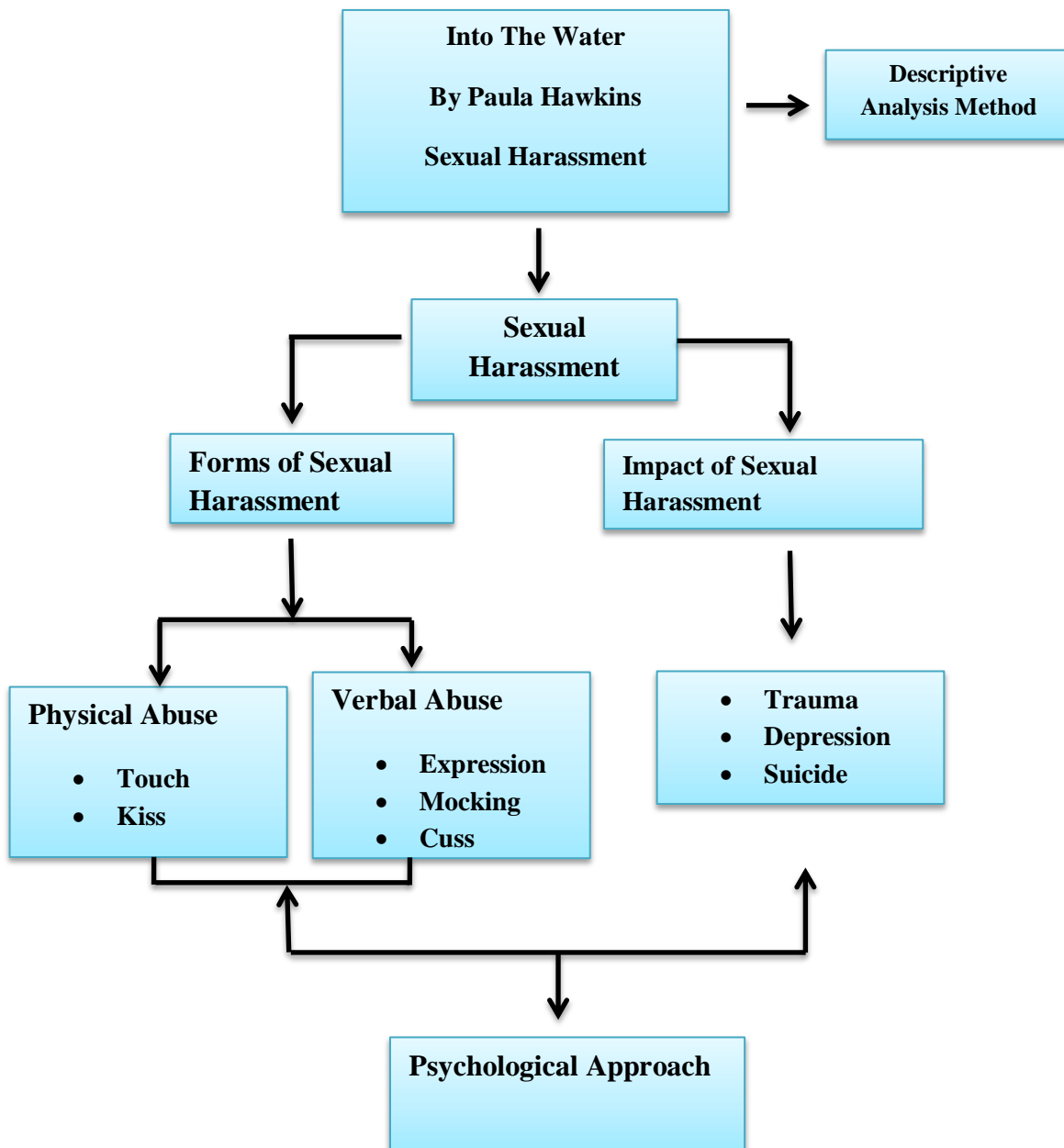
According to Kartono (2000:143) in Tampubolon show that suicide is a severe form of escape from real world, or run away from intolerable situations, or is regression form wants to return to a state of pleasure, comfort and peace.

1.7.3.3 Trauma

According to (Substance Abuse and Mental Health Services Administration (SAMHSA) (2012: 2) stated that Trauma refers to experiences that cause intense physical and psychological stress reaction. Trauma results from an even, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or threatening and that has lasting adverse effects on the individual's functioning and physical, social, emotional, or spiritual well-being.

According to American Psychiatric Association (APA) (2013:271) explain that trauma is defined as when an individual person is exposed to actual or threatened death, serious injury, or sexual violence.

1.8 conceptual Scheme



Based on the conceptual scheme above, this research want to analyze sexual harassment in the novel "Into The Water" by Paula Hawkins using Psychological Approach .

From the Conceptual Sceme, it can be seen this research is focusing on Sexual Harassment which consists of into problems namely forms of sexual harassment and the impact of sexual harassment. There are two types of sexual harassment namely physical abuse such as, touch, kiss and verbal abuse such as, expression, mocking and cuss. The impact of sexual harassment consist of Depression, Suicide and Trauma.

1.9 Method of Research

The Qualitative and Descriptive methods are chosen by the researcher in order to collecting the data that later can be elaborate the fact in the objective of the writing.

1.9.1 Qualitative Method

The researcher uses qualitative method as the method to analyses to the novel, because the Qualitative method is the most suitable one of use in the literary research by observing the characters in the novel.

According to Bogdan and Taylor in Andi Prastowo (2011), qualitative method is the procedure of research that produce the Qualitative descriptive data such as written or utterance by the people that being observed.

1.9.2 Descriptive Analysis Method

Besides Qualitative Method, the researcher also uses descriptive analysis method. This type of research is based on the basic question of how

we cannot be satisfy by knowing what is the problem, with the descriptive analysis method, we can gain information (W.Gulo,2002)

1.10 Technique of collecting data

1.10.1 Library Research

Research in the library to find many references, and also this step of research can help us to find the data needed to solve a problem of this object

1.10.2 Reading Comprehension

This way makes it easier for researcher to understand the contents of the stories that will be discussed in this literary work.

1.10.3 Internet Research

This way makes it easier for research to find some objects that are hard to find and also internet research is very helpful to the research for understand the topic more deeply.

1.11 Technique of Analyzing Data

1.11.1 classification

At this stage data selection, focusing on data, and classifying it into the harassment discrimination towards women in the novel "Into The Water" By Paula Hawkins.

1.11.2 Interpretation

This stage carried out again in the form of sentence recording that can be understood in order to facilitate the researcher in analyzing.

1.11.3 Explanation

After the interpretation, the researcher provides the work of interpretation that has been found, such as text, quotations, meaning and the messages contained in the object of the study.