

ABSTRAK

Astuti Jahir, 2024. *Meningkatkan Rasa Percaya Diri Anak Usia Dini Melalui Kegiatan Menggambar Bebas di TK Pembina 5 Kota Ternate*. Pembimbing: Bahrar Taib S.Psi, M.Si dan Winda Oktaviani, S.Pd., M.Pd

Penelitian ini bertujuan untuk meningkatkan rasa percaya diri anak usia dini melalui kegiatan menggambar bebas. Kepercayaan diri adalah perasaan atau motivasi yang mendasari subjek untuk mengambil tindakan, yang merupakan bagian dari sifat pribadi. Di dalam kepercayaan diri terdapat keyakinan akan kemampuan diri, sikap optimis, objektif, bertanggung jawab, serta pendekatan yang rasional dan realistis.

Desain penelitian ini menggunakan jenis Penelitian Tindakan Kelas (PTK) dengan model Kemmis dan Mc. Taggart yang dilaksanakan dalam 2 siklus, setiap siklus terdiri dari 4 tahapan yaitu perencanaan penelitian, pelaksanaan tindakan, observasi dan refleksi. Setiap siklus dilaksanakan dalam 3 kali pertemuan. Subjek penelitian ini adalah anak kelompok B (5-6 tahun) TK Pembina 5 Kota Ternate, dengan jumlah siswa 9 anak yang terdiri dari 4 siswa laki-laki dan 5 siswi perempuan. Pengumpulan data dilakukan dengan metode observasi, wawancara dan dokumentasi. Teknik analisis data menggunakan deskripsi kuantitatif. Aspek penilaian rasa percaya diri anak yang menjadi amatan peneliti, ada 4 yaitu Anak mampu menyelesaikan tugas menggambar hingga selesai, Anak mampu menunjukkan hasil menggambar dengan bangga di depan kelas, Anak mampu mengerjakan tugas menggambar dengan tenang, dan Anak mampu menceritakan gambar yang dibuat.

Berdasarkan hasil penelitian tindakan kelas (PTK) ini menunjukkan bahwa kemampuan rasa percaya diri anak sebelum dilakukan tindakan perkembangannya masih belum optimal yaitu 11,11% dari jumlah siswa 9 orang, kemudian setelah dilakukan tindakan melalui kegiatan menggambar bebas pada siklus I meningkat menjadi 33,33%, kemudian mengalami peningkatan yang signifikan pada siklus II menjadi 77,78%.

Sehingga dapat disimpulkan bahwa melalui kegiatan menggambar bebas dapat meningkatkan kemampuan rasa percaya diri anak kelompok B di TK Pembina 5 Kota Ternate.

Kunci Kata: *Rasa percaya diri, menggambar bebas*

ABSTRACT

Astuti Jahir, 2024. Increasing Self-Confidence in Early Childhood Through Free Drawing Activities at Pembina 5 Kindergarten, Ternate City. Supervisors: Bahran Taib S.Psi, M.Si and Winda Oktaviani, S.Pd., M.Pd

This study aims to increase self-confidence in early childhood through free drawing activities. Self-confidence is a belief or drive to do something in the subject as a personal characteristic in which there is belief in one's own abilities, optimistic, objective, responsible, rational, and realistic.

The design of this study uses the Classroom Action Research (CAR) type with the Kemmis and Mc. Taggart model which is carried out in 2 cycles, each cycle consists of 4 stages, namely research planning, action implementation, observation and reflection. Each cycle is carried out in 3 meetings. The subjects of this study were children in group B (5-6 years old) Pembina 5 Kindergarten, Teranate City, with a total of 9 students consisting of 4 male students and 5 female students. The data collection method was carried out by observation, interviews, and documentation. The data analysis technique used was quantitative descriptive. The aspects of assessing children's self-confidence that were observed by the researcher were 4, namely Children were able to complete their drawing assignments until they were finished, Children were able to show their drawing results proudly in front of the class, Children were able to do their drawing assignments calmly, and Children were able to tell about the drawings they made.

Based on the results of this classroom action research (PTK), it shows that the ability of children's self-confidence before the development action was carried out was still not optimal, namely 11.11% of the total number of 9 students, then after the action was carried out through free drawing activities in cycle I it increased to 33.33%, then experienced a significant increase in cycle II to 77.78%.

So it can be concluded that through free drawing activities it can increase the ability of children's self-confidence in group B at TK Pembina 5 Ternate City.

Keywords: *Self-confidence, free drawing*