

ABSTRAK

Assuryani M. Saleh, 2024. Analisis Pelaksanaan Program Penanggulangan Stunting Usia 0-5 Tahun Di Puskesmas Siko Ternate. Pembimbing Bahran Taib, S.Psi., M.Si dan Fatoni Achmad, S.Pd.I., M.Pd.I

Penelitian ini bertujuan untuk mengetahui bagaimana pelaksanaan program penanggulangan stunting usia 0-5 tahun di puskesmas Siko Ternate. Metode penelitian kualitatif dengan menggunakan pendekatan deskriptif dilakukan pada subjek penelitian sebanyak 3 orang yaitu koordinator unit gizi dan 2 penanggung jawab posyandu. Teknik pengumpulan data yang dilakukan adalah observasi, wawancara, dan dokumentasi. Teknik analisis data terdiri dari pengumpulan data, reduksi data, penyajian data, dan penarikan kesimpulan.

Berdasarkan hasil penelitian ini menunjukkan bahwa proses pelaksanaan program penanggulangan stunting yang dilakukan yaitu : Indikator 1) Sasaran program, program penanggulangan stunting oleh pihak puskesmas telah terlaksana dengan melibatkan masyarakat dan kolaborasi dengan lintas sektor yakni lurah dan ketua PKK. 2) Prosedur pelaksanaan program, tanggung jawab tim pelaksana dan kader disetiap kelurahan menjadi kunci keberhasilan. Monitoring rutin oleh petugas kesehatan gizi untuk memastikan evaluasi berat badan anak terjadwal, program ini memerlukan koordinasi efektif dan keterlibatan aktif dalam pemantauan. Indikator 3) Evaluasi program, meningkatnya kesadaran orang tua dalam mendukung gizi anak dan perubahan pola makan yang lebih sehat. Terdapat juga kesembuhan dua anak stunting. Upaya lanjutan dan kolaborasi semua pihak diperlukan untuk mencapai keberhasilan optimal dalam menanggulangi stunting.

Kata Kunci: Penanggulangan Stunting, Anak Usia Dini, Puskesmas

ABSTRACT

Assuryani M. Saleh, 2024. *Analysis of the Implementation of the Stunting Prevention Program for Ages 0-5 Years at the Siko Ternate Community Health Center. Supervisors Bahran Taib, S.Psi., M.Si and Fatoni Achmad, S.Pd.I., M.Pd.I*

This research aims to find out how the stunting prevention program for ages 0-5 years is implemented at the Siko Ternate health center. A qualitative research method using a descriptive approach was carried out on 3 research subjects, namely the nutrition unit coordinator and 2 people in charge of the posyandu. The data collection techniques used were observation, interviews and documentation. Data analysis techniques consist of data collection, data reduction, data presentation, and drawing conclusions.

Based on the results of this research, it shows that the process of implementing the stunting prevention program is: Indicator 1) Program targets, the stunting prevention program by the community health center has been implemented by involving the community and collaborating with cross-sectors, namely the village head and the PKK head. 2) Program implementation procedures, the responsibilities of the implementing team and cadres in each sub-district are the keys to success. Regular monitoring by nutrition health workers to ensure scheduled child weight evaluations, this program requires effective coordination and active involvement in monitoring. Indicator 3) Program evaluation, increased awareness of parents in supporting children's nutrition and changes to healthier eating patterns. There were also cures for two stunted children. Continued efforts and collaboration from all parties are needed to achieve optimal success in tackling stunting.

Keywords: *Curative Stunting , Early Childhood, Community Health Center*